

Sessions are led by an experienced teacher and Level 3 Forest Schools Practitioner.



If you would like to learn more about Forest Schools philosophy or the benefits of Outdoor Learning go to

www.forestschools.com

or

www.lotc.org.uk

Forest Schools and Outdoor Learning

at

South Hiendley School



A vehicle for outdoor learning and play.

What is Forest Schools?

Forest Schools is an approach to outdoor learning and play. Originating in Denmark in the 1950's, its benefits are now recognised across the UK and the wider world.

Children experience regular visits to an outdoor area throughout the year, in all weathers, to take part in play-based learning. They learn about themselves, each other and the natural world around them – plants, animals, weather and seasons.

What are the benefits?

Being outdoors enables children to develop physical skills like balance, stamina and coordination as well as a sense of well being. They learn to take risks, make decisions and share problem solving tasks to promote their social skills. Activities can develop their confidence and self-esteem. They learn aspects of the EYFS and National Curriculum through a variety of learning styles. It can also promote boundaries for positive behaviour.

What will my child be doing?

At South Hiendley School, Outdoor Learning sessions will be linked to the National Curriculum to enhance the learning taking place in the classroom, whilst also using the ethos of Forest Schools to develop social, physical and communication skills.

Activities may include exploring, investigating, collecting natural objects, discovering a range of plants and animals, den building, making objects, using equipment, solving problems, playing team games...plus much more!

Your child will be taking part in Outdoor Learning sessions on

Please ensure they bring suitable clothing to change into, such as old jeans or tracksuit bottoms and warm layers. A waterproof coat and wellies/boots are essential.

We aim to go outdoors in all weathers, so suitable clothing is a must...children may also get dirty!